

**CRAFTSBURY MENTAL HEALTH RESOURCE GROUP MEETING AT  
CRAFTSBURY TOWN HALL AND ZOOM  
TUESDAY OCT 24, 2023 AT 6 PM**

Join Zoom Meeting

<https://us02web.zoom.us/j/4528045656?pwd=aGtMSGxXaktGcUMvdjRPQndjU1kwdz09>

Meeting ID: 452 804 5656

Passcode: Craftsbury

Dial by your location

- +1 301 715 8592 US (Washington DC)
- +1 929 205 6099 US (New York)

**AGENDA:**

- CALL MEETING TO ORDER
- CHANGES/ADDITIONS TO AGENDA
- APPROVE MINUTES
- DISCUSSION/BRAINSTORMING -OFFERING MENTAL HEALTH PROGRAMMING AT THE LIBRARY, SAPLINGS, FARMER'S MARKET, SUNDAYS AT CHURCH  
\*NANCY HAS OFFERED MEDITATION CLASS AT THE LIBRARY AGAIN, DATE?
- MEDITATION WITH NANCY MILHOLLAND AT CRAFTSBURY LIBRARY, NOV. 4<sup>TH</sup> 1-3PM
- NARCAN TRAINING UPDATE
- UPCOMING PLANS FOR THE ARPA FUNDS  
APPROVE USING \$2,000 FOR RYAN'S STORY FOR THE SCHOOL  
APPROVE GIZMO FOR CHILDREN UP TO 5<sup>th</sup> GRADE IN CRAFTSBURY SCHOOLS
- AFSP WALK DISCUSSION
- APPRECIATION SCHEDULE AND PLANS
- UPDATE- HARDWICK MOVEMENT
- UPDATE-NEK MENTAL HEALTH - TERRI LAVELY
- NEW BUSINESS
- DECIDE NEXT MEETING AND ADJOURN