

CRAFTSBURY MENTAL HEALTH RESOURCE GROUP
MEETING AT CRAFTSBURY TOWN HALL AND ZOOM
TUESDAY, JANUARY 31, 2023 AT 6 PM

Zoom Info: Jan 31, 2023 6 PM Eastern Time (US and Canada)

<https://us02web.zoom.us/j/4528045656?pwd=aGtMSGxXaktGcUMvdjRPQndjU1kwdz09>

Meeting ID: 452 804 5656

Passcode: Craftsbury

Dial by your location

+1 305 224 1968 US

+1 929 205 6099 US (New York)

AGENDA:

- CALL MEETING TO ORDER
- CHANGES/ADDITIONS TO AGENDA
- APPROVE MINUTES
- UPDATE-MINDFULNESS CLASS, NANCY
- UPDATE-RESEARCH BOOK WORKING GROUP
- UPDATE LIVING WORKS PROGRAM, MICHELLE
- UPDATE- HARDWICK MOVEMENT
- UPDATE – NAMI WALK IS April 29th
- UPDATE-NEK MENTAL HEALTH - TERRY LAVELY
- NEW BUSINESS
- DECIDE NEXT MEETING AND ADJOURN