## CRAFTSBURY MENTAL HEALTH RESOURCE GROUP MEETING AT CRAFTSBURY TOWN HALL AND ZOOM TUESDAY, AUGUST 30, 2022

**Zoom link:** Town of Craftsbury is inviting you to a scheduled Zoom meeting.

https://us02web.zoom.us/j/4528045656?pwd=aGtMSGxXaktGcUMvdjRPQndjU1kwdz09

Meeting ID: 452 804 5656

Passcode: Craftsbury

## AGENDA:

- CALL MEETING TO ORDER
- CHANGES/ADDITIONS TO AGENDA
- APPROVE MINUTES
- HARDWICK MOVEMENT TO HELP FILL IN THE GAPS OF MENTAL HEALTH
- NANCY MILHOLLAND <u>WWW.MINDFULLEADER.ORG/MBSR-TRAINING</u>, OFFER MENTAL HEALTH WELLNESS SERIES AT THE TOWN HALL OR CHURCH AFTER THE TRAINING.
   MAYBE WRITE ARPA GRANT TO HELP PAY FOR TRAINING OR USE WESLY'S FUND
- FAITHNET UPDATE/FAITH LEADERS LIVING WORKS PROGRAM
- MENTAL HEALTH ACADEMY 2022 SUICIDE PREVENTION 2022 SEMINAR
- PLAN FOR MENTAL HEALTH WALK IN THE FALL