

CRAFTSBURY MENTAL HEALTH MEETING AT CRAFTSBURY TOWN HALL

AND VIA ZOOM TUESDAY, JUNE 28, 2022 AT 6 PM

Present: Monique, Susan, Michelle

Present Via Zoom: Ruth, Lisa-Anne & Norm

AGENDA:

- **CALL MEETING TO ORDER**
Michelle called meeting to order at 6 PM.
- **CHANGES/ADDITIONS TO AGENDA**
No changes to the agenda
- **APPROVE MINUTES**
Susan made a motion to approve the April 26th minutes, Monique seconded.
- **YELLOW TULIP PROJECT**
Michelle had put pictures of the yellow Tulip Project on the website, Monique shared the YTP on the radio. Michelle also had sent the link to the YTP to let them know what Craftsbury did.
- **COMMUNITY RESOURCE GUIDE PRINTING**
Michelle has printed 50 of the resources booklets and will get some ½ page pamphlet holders to put them in. We talked about leaving some at the Library, Church, even police stations. They are located in the entrance of the Town Hall. Some members will take and distribute them.
- **WEBSITE MODIFICATIONS**
Because psychologytoday.com does such a good job with detailed information about therapists, Michelle made a page with links to therapists in specific towns based on certain mental health conditions such as depression, anxiety, suicidal ideation, bipolar. Although their website it detailed, it is a national list of therapists, and it's easy to get lost in all of their options, which is why Michelle made simple links instead. Michelle is still testing the links. When complete, she will make a button on the home page so people can find it easier. She is also working on adding another domain name, so we can expand for mental health, not just suicide prevention.
- **AWARENESS OF THE NATIONAL LIFELINE #988**
Ruth gave us a flyer for the 988 number rolling out in July.

Monique shared that the Vermont public outreach will be in September, they are waiting to see the volume of calls, target to groups.

- **NAMI FAITHNET PRESENTATION**
Nami offers a Faithnet program. Michelle said she had seen one of their seminars on NamiCon and was impressed, but had concerns on how the United Church of Craftsbury could offer those services,

with limited members and staffing. Monique suggested to take pieces of it, like we did in the Yellow Tulip Project for Craftsbury's size. After discussion, Monique, Susie, Michelle and Kim will try and meet with the Faithnet presenters.

- **NPR - 400 MEDICAL PROFESSIONALS COMMIT SUICIDE ANNUALLY**
Lisa-Anne had remarked that she saw on NPR that 400 medical professionals commit Suicide Annually. Michelle commented she had also watched news showing the added stress of COVID on the medical community causing an increase of suicides in medical staffing.
- **ARPA GRANT**
Michelle said she had emailed WonderArts about partnering with the ARPA grant, but hasn't heard back yet. Monique suggested maybe more Youth Mental Health training. Michelle also thought about getting pricing for the mental health teacher training the school tested for 30 days during COVID.
- **POSTING ON FPF**
We still would like Sharon to continue posting on FPF. Maybe we can put something on about the 988 number.
- **OTHER BUSINESS**
We discussed doing the walk again in the fall.
- **DECIDE NEXT MEETING DATE & ADJOURN**
Meeting adjourned at 6 PM. Next meeting is Tuesday, August 30th at 6 PM.

Sincerely,

Michelle Warren