

**TOWN OF CRAFTSBURY  
METNTAL HEALTH RESOURCE GROUP MEETING  
TUESDAY, APRIL 26, 2022 AT 6 PM  
AT THE CRAFTSBURY TOWN HALL & ALSO VIA ZOOM**

**ZOOM LINK:**

Join Zoom Meeting

<https://us02web.zoom.us/j/4528045656?pwd=aGtMSGxXaktGcUMvdjRPQndjU1kwdz09>

Meeting ID: 452 804 5656

Passcode: Craftsbury

Dial by your location

+1 929 205 6099 US (New York)

Present: Norm Hanson, Sharon Moffatt, Michelle Warren

Present Online: Kim Larose, Monique Reil, Lisa-Anne Loucka, Ruth Marquette

**AGENDA:**

- **CALL MEETING TO ORDER**  
Michelle called the meeting to order at 6 PM
  
- **CHANGES/ADDITIONS TO AGENDA**  
None
  
- **APPROVE MINUTES**  
Sharon made a motion to approve the February minutes, Norm seconded and moved.
  
- **DISCUSS NEKHS/NEKSTRONG GROUP**  
Michelle and Lisa Anne have attended some of NEKHS Friday meetings. They are hoping to add a mental health directory to NEKStrong. Because Michelle felt strongly they should have their own website for mental health instead of just a directory, Michelle has excused herself from the group. She welcomes others to participate if they would like.
  
- **YELLOW TULIP PROJECT**  
Michelle has been planning some ideas for the yellow tulip project, but trying to keep it simple. She will make up some garden signs, get some posts and put them in the tulip gardens.

She will reach out to the elementary school, wonderarts, Sally, baseball, church, town hall, 4cs' Sterling, library and the Craftsbury Outdoor Center. See if they can take a picture of some people in front of the tulips holding a sign that says what makes you hopeful or happy (with answers like reading, baseball, skiing.)

Maybe put a thing on fpf, asking people what makes them hopeful? Ask them to share a picture with the tulips?

Monique will be doing a radio spot for mental health in May. She would be happy to talk about the yellow tulip project. Sharon will try to share on Instagram. Michelle will check if Craftsbury still has an Instagram account.

- **COMMUNITY RESOURCE GUIDE PRINTING**  
Michelle will get a hundred printed up. Norm will grab some for different places.
- **DISCUSS OTHER ADDING PEOPLE TO GROUP**  
Sally and Kitty were invited to the meeting as well. Michelle will try and contact some one from the COC too next time.
- **POSTING ON FPF**  
Michelle will put on a blurb on FPF about the yellow tulip project, maybe asking people what makes them hopeful/happy. Invite them to share a picture of the tulips.
- **OTHER BUSINESS**  
Michelle has learned some blogging skills in which to have pages show filter just depression results, etc. She may tweak it the website so that it is more on mental health, not just suicide.

Ruth explained that the National Lifeline # goes to 2 mental health facilities in Vermont, not nationally anymore. The 988 number will be active starting July, we will try and get the word out on FPF. Michelle will send Ruth, Monique and Sharon info about the Tulip program so they can help share.

- **DECIDE NEXT MEETING DATE & ADJOURN**  
Next meeting is scheduled June 28th. Meeting adjourned at 6:45 PM.

Respectfully submitted,  
Michelle Warren