

## Town of Craftsbury

### Mental Health Resource Group Meeting

January 4, 2022 6 PM at Craftsbury Town Hall

Present: Sharon Moffatt, Michelle Warren, Monique Reil and Pastor Kim Larose via zoon.

#### **Agenda:**

Call Meeting to Order at 6:05 PM.

#### Approve Minutes

**Michelle made a motion to approve the Oct. 26, 2021 minutes, all aye. Motion passed.**

#### Review Committee Members Status:

We agreed to renew the roster of committee members. (1 year term):

- Gwen Bueckendorf (2022)
- Norm Hanson (2022)
- Lisa-Ann Loucka (2022)
- Monique Reil (2022)
- Pastor Kim Larose, Co-Chair (2022)
- Sharon Moffatt (2022)
- Michelle Warren, Co-Chair (2022)
- Susan Houston, Liaison

#### Review/Edit Town of Craftsbury Mental Health Committee Report:

With a few corrections by Monique and Lisa-Anne, Michelle will submit the report for the Town's Annual Report.

#### Discuss Combining Zoom & In Person to get new members:

Michelle will also check with Kitty at Sterling and Sally at the High School to ask if they would be willing to participate in meetings if we offered by zoom. Kim will check with the new East Craftsbury Pastor Larry Jones. Michelle will also check with NEK Mental Health, Ruth or Terry, to ask if they would be willing to participate via zoom.

#### Nami Seminar "Telling Your Story":

Michelle printed some copies from the Nami seminar she participated in "Telling Your Story". She talked about the importance not just telling your story, but also offering words of what is learned, and also what to be hopeful for in the future.

#### Upcoming Events:

- Mental Health Advocacy Day January 31, 2022 (10am-2pm, by Zoom)  
[https://us02web.zoom.us/webinar/register/WN\\_6Ledqf5OQc6Yu5qoymRH\\_A](https://us02web.zoom.us/webinar/register/WN_6Ledqf5OQc6Yu5qoymRH_A)
- NAMI Smarts for Advocacy - Sunday, January 16, 1:00-4:30 pm (via Zoom)  
Modules 2 & 3: Contacting & Meeting with Your Policymakers

<https://forms.zohopublic.com/namivermont/form/2021NAMISmartsAdvocacyTrainingRegistrationModule23/formperma/lnaneylFYDb1nUcYD-XbdGwRd1EvMLy8IkzRr0XOwD8>

Other Business:

Michelle will next week put in a FPF blurb about COVID Support, call 211. Afterwards Sharon will put out a blurb on FPF to help with the winter blues.

Michelle still needs to finish the updates on the brochure. Scott is a little behind, hopes to have the video finished this month.

Decide Next Meeting Date & Adjourn:

Meeting adjourned at 6:45 PM. Next meeting is scheduled February 22<sup>nd</sup> at 6 PM.

Respectfully submitted,

Michelle Warren